



Monday, February 3, 2025

Youth Karate

Date and Time: Monday, February 3 5:00 pm - 6:00 pm

Address: 925 15th Avenue

**KENPO
KARATE CLASSES**
- Narrow is the path to excellence -

Every Monday & Thursday
Youth (8-12 yrs) at 5 PM
Adult (13+ yrs) at 6 PM
Union Grove Municipal Center
\$12 per class - pay per class
No experience necessary
No pre-registration required
No membership fees
No monthly dues - pay by class!

262-462-4662
info@narrowpathmartialarts.com
www.narrowpathmartialarts.com

NARROWPATH
MARTIAL ARTS

Tuesday, February 4, 2025

Yoga- Chair Class

Date and Time: Tuesday, February 4 9:00 am - 10:00 am



YOGA CLASSES

EVERY TUESDAY
UNION GROVE MUNICIPAL CENTER

9-10 AM CHAIR CLASS
&
6-7 PM MIXED LEVEL CLASS

\$12 A CLASS

NO REGISTRATION - JUST SHOW UP

BE ADDED TO EMAIL LIST
CHRISTINEMCBRYDE@GMAIL.COM

EXTRA SUPPLIES AVAILABLE



Yoga- Mixed Level Class

Date and Time: Tuesday, February 4 6:00 pm - 7:00 pm

Address: 925 15th Avenue



YOGA CLASSES

EVERY TUESDAY
UNION GROVE MUNICIPAL CENTER

9-10 AM CHAIR CLASS
&
6-7 PM MIXED LEVEL CLASS

\$12 A CLASS

NO REGISTRATION - JUST SHOW UP

BE ADDED TO EMAIL LIST
CHRISTINEMCBRYDE@GMAIL.COM

EXTRA SUPPLIES AVAILABLE

Thursday, February 6, 2025

Youth Karate

Date and Time: Thursday, February 6 5:00 pm - 6:00 pm

Address: 925 15th Avenue

KENPO KARATE CLASSES

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Every Monday & Thursday
Youth (8-12 yrs) at 5 PM
Adult (13+ yrs) at 6 PM
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Adult Karate

Date and Time: Thursday, February 6 6:00 pm - 7:00 pm

Address: 925 15th Avenue

KENPO KARATE CLASSES

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Every Monday & Thursday
Youth (8-12 yrs) at 5 PM
Adult (13+ yrs) at 6 PM
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Monday, February 10, 2025

Youth Karate

Date and Time: Monday, February 10 5:00 pm - 6:00 pm

Address: 925 15th Avenue

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Youth (8-12 yrs) at 5 PM
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Adult Karate

Date and Time: Monday, February 10 6:00 pm - 7:00 pm

Address: 925 15th Avenue

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Tuesday, February 11, 2025

Yoga- Chair Class

Date and Time: Tuesday, February 11 9:00 am - 10:00 am

Address: 925 15th Avenue



YOGA CLASSES

EVERY TUESDAY
UNION GROVE MUNICIPAL CENTER

9-10 AM CHAIR CLASS
&
6-7 PM MIXED LEVEL CLASS

\$12 A CLASS

NO REGISTRATION - JUST SHOW UP

BE ADDED TO EMAIL LIST
CHRISTINEMCBRYDE@GMAIL.COM

EXTRA SUPPLIES AVAILABLE

Yoga- Mixed Level Class

Date and Time: Tuesday, February 11 6:00 pm - 7:00 pm

Address: 925 15th Avenue



YOGA CLASSES

EVERY TUESDAY
UNION GROVE MUNICIPAL CENTER

9-10 AM CHAIR CLASS
&
6-7 PM MIXED LEVEL CLASS

\$12 A CLASS

NO REGISTRATION - JUST SHOW UP

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EXTRA SUPPLIES AVAILABLE

Thursday, February 13, 2025

Youth Karate

Date and Time: Thursday, February 13 5:00 pm - 6:00 pm

Address: 925 15th Avenue

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Adult Karate

Date and Time: Thursday, February 13 6:00 pm - 7:00 pm

Address: 925 15th Avenue

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Tuesday, February 18, 2025

2025 Spring Primary Election

Date and Time: Tuesday, February 18 12:00 am

Address: 925 15th Avenue

Thursday, February 20, 2025

Youth Karate

Date and Time: Thursday, February 20 5:00 pm - 6:00 pm

Address: 925 15th Avenue

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Adult Karate

Date and Time: Thursday, February 20 6:00 pm - 7:00 pm

Address: 925 15th Avenue

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Monday, February 24, 2025

Youth Karate

Date and Time: Monday, February 24 5:00 pm - 6:00 pm

Address: 925 15th Avenue

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Every Monday & Thursday
Youth (8-12 yrs) at 5 PM
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Adult Karate

Date and Time: Monday, February 24 6:00 pm - 7:00 pm

Address: 925 15th Avenue



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Tuesday, February 25, 2025

Yoga- Chair Class

Date and Time: Tuesday, February 25 9:00 am - 10:00 am

Address: 925 15th Avenue



YOGA CLASSES

EVERY TUESDAY
UNION GROVE MUNICIPAL CENTER

9-10 AM CHAIR CLASS
&
6-7 PM MIXED LEVEL CLASS

\$12 A CLASS

NO REGISTRATION - JUST SHOW UP

BE ADDED TO EMAIL LIST
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EXTRA SUPPLIES AVAILABLE

Yoga- Mixed Level Class

Date and Time: Tuesday, February 25 6:00 pm - 7:00 pm

Address: 925 15th Avenue



YOGA CLASSES

EVERY TUESDAY
UNION GROVE MUNICIPAL CENTER

9-10 AM CHAIR CLASS
&
6-7 PM MIXED LEVEL CLASS

\$12 A CLASS

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EXTRA SUPPLIES AVAILABLE

Thursday, February 27, 2025

Youth Karate

Date and Time: Thursday, February 27 5:00 pm - 6:00 pm

Address: 925 15th Avenue

KENPO KARATE CLASSES

- Narrow is the path to excellence -

Every Monday & Thursday
Youth (8-12 yrs) at 5 PM
Adult (13+ yrs) at 6 PM
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Adult Karate

Date and Time: Thursday, February 27 6:00 pm - 7:00 pm

Address: 925 15th Avenue

KENPO KARATE CLASSES

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